

Understanding the  
**HUMAN**  
**BODY**  
*Cursive*



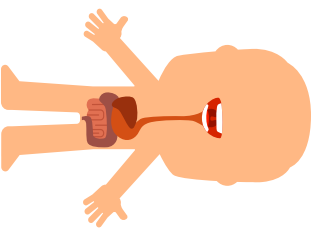
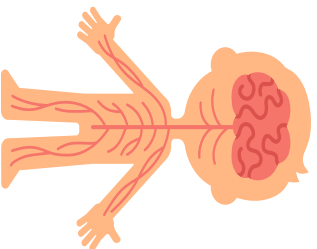
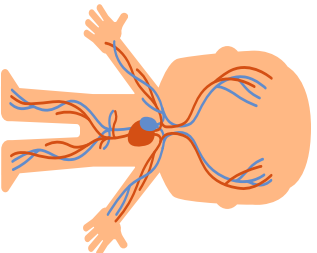
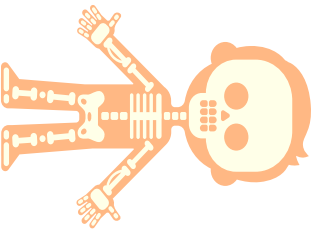
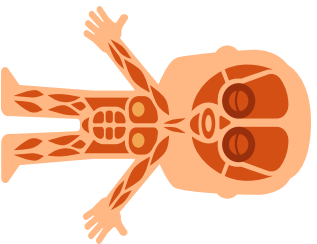
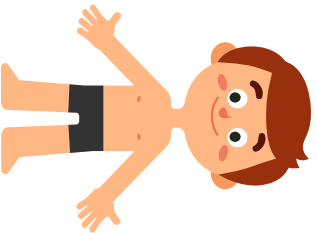
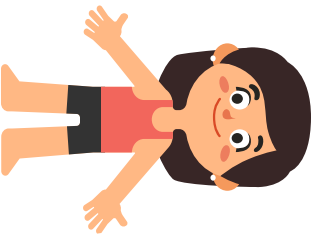
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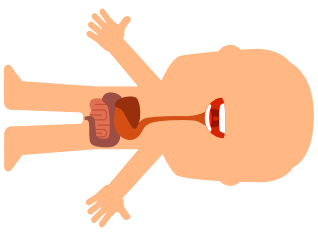
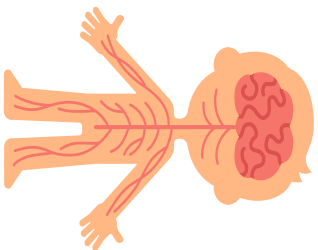
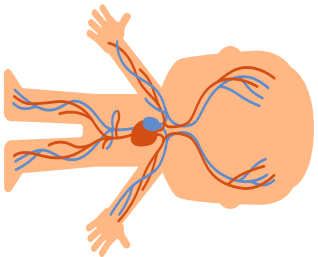
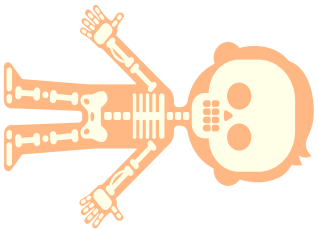
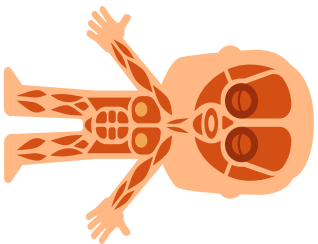
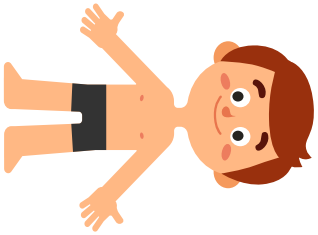
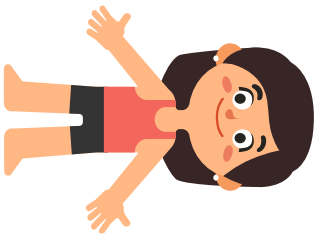
# HUMAN BODY Systems

# HUMAN Body SYSTEMS



Girl	Boy	Muscular System	Skeletal System	Circulatory System	Nervous System	Digestive System
a female child	a male child	all of the muscles in the body and how they work together	the framework of the body made of bones that protects and supports the body	this system includes all of the organs and tissues that are involved in circulating blood through the body	all of the nerves and nerve centers in the body	the system by which the food we eat is absorbed into, processed by, and released from the body

# HUMAN Body SYSTEMS CUT & PASTE




# HUMAN Body SYSTEMS

Directions: Cut out the boxes below. Mix them up and paste them in the appropriate blank boxes on the previous page.

Girl	Boy	Muscular System	Skeletal System	Circulatory System	Nervous System	Digestive System
a female child	a male child	all of the muscles in the body and how they work together	the framework of the body made of bones that protects and supports the body	this system includes all of the organs and tissues that are involved in circulating blood through the body	all of the nerves and nerve centers in the body	the system by which the food we eat is absorbed into, processed by, and released from the body

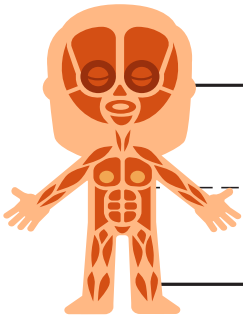
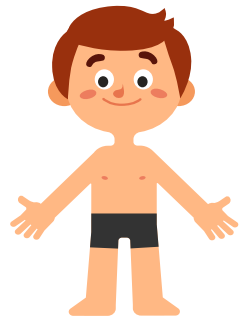
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Directions: Trace the words below.



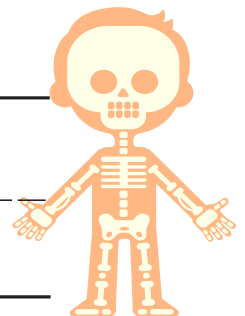
girl

boy



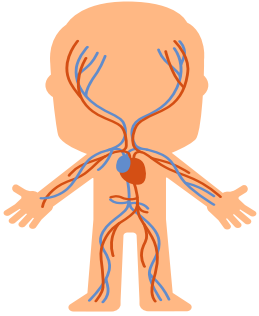
muscle

bone

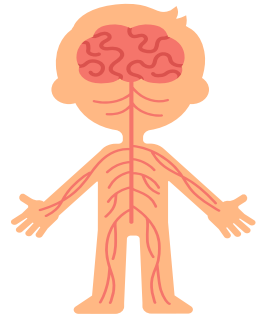
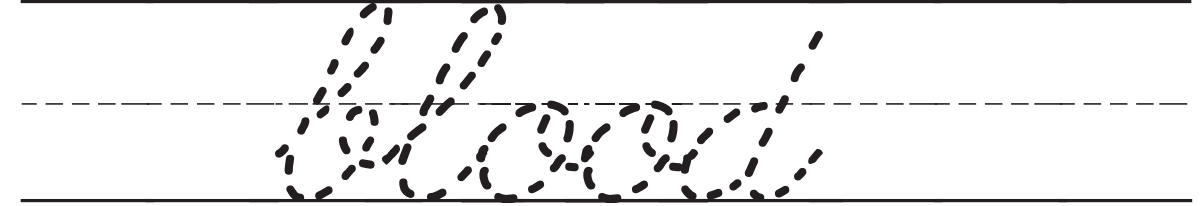


# CURSIVE Writing PRACTICE

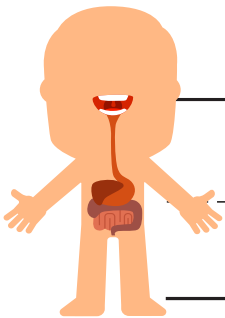
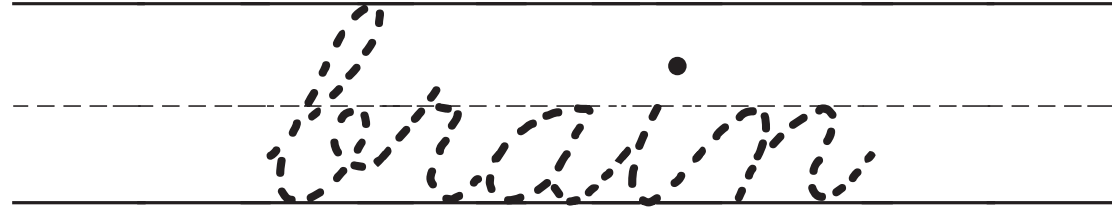
Directions: Trace the words below.



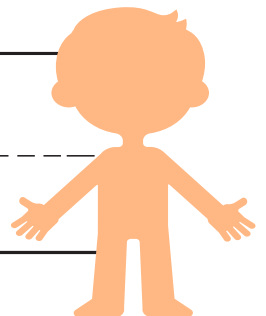
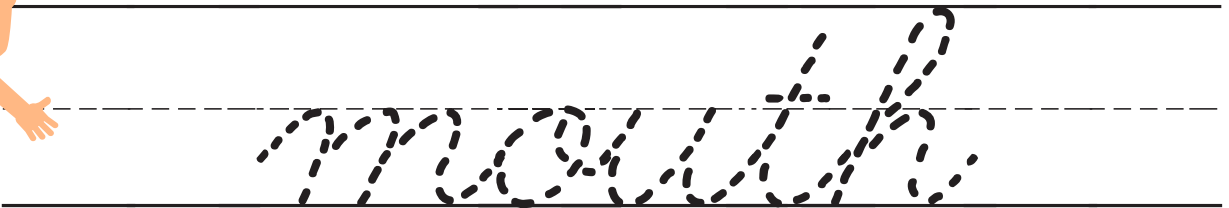
blood



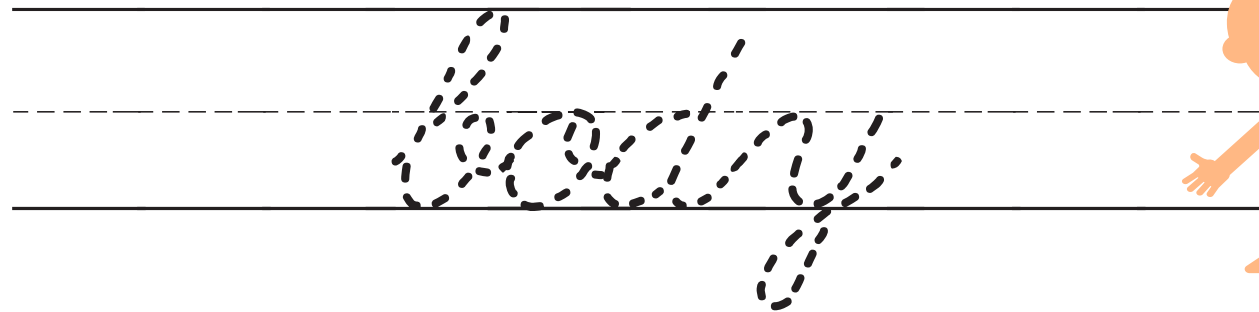
brain



mouth



body





# Writing **PRACTICE**

Directions: Write the corresponding body system name below.



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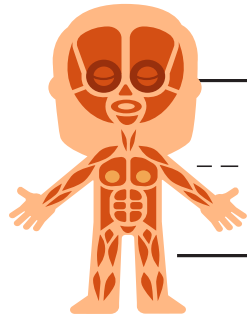
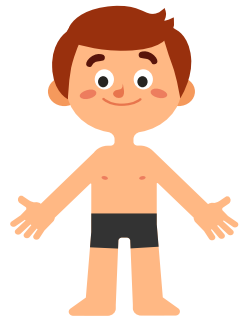
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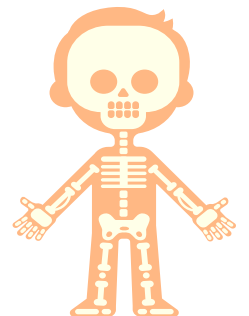
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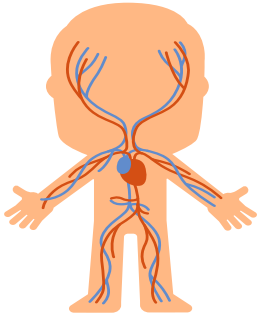
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# Writing **PRACTICE**

Directions: Write the corresponding body system name below.



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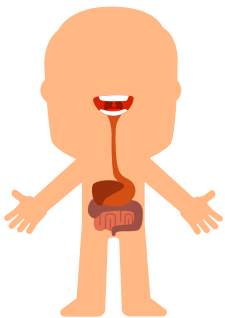
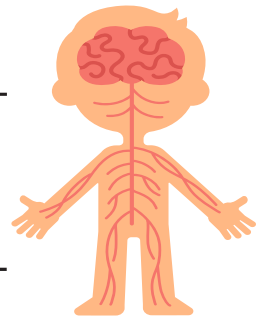
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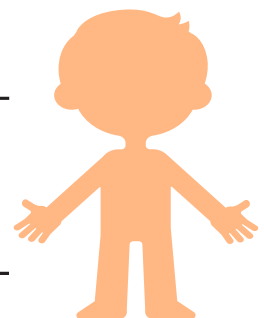
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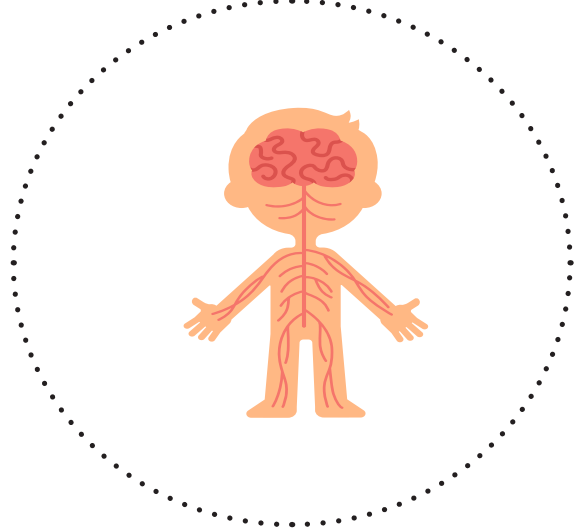
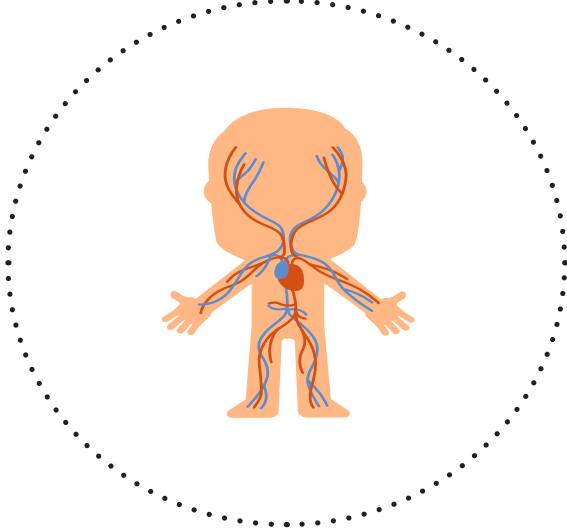
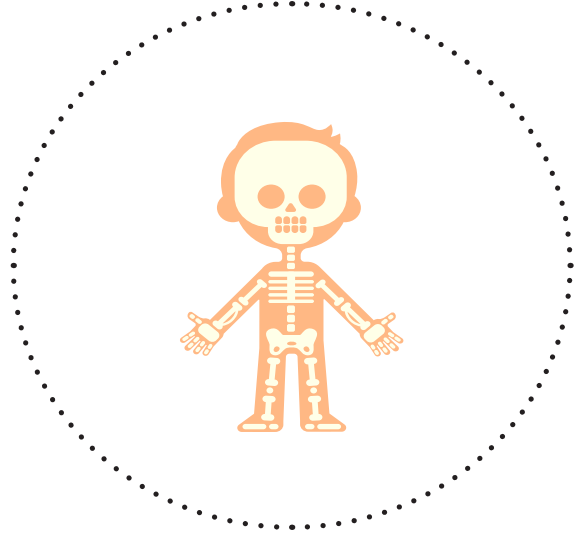
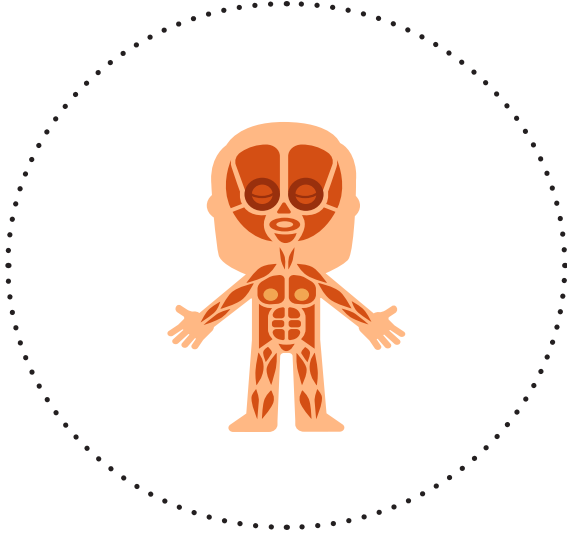
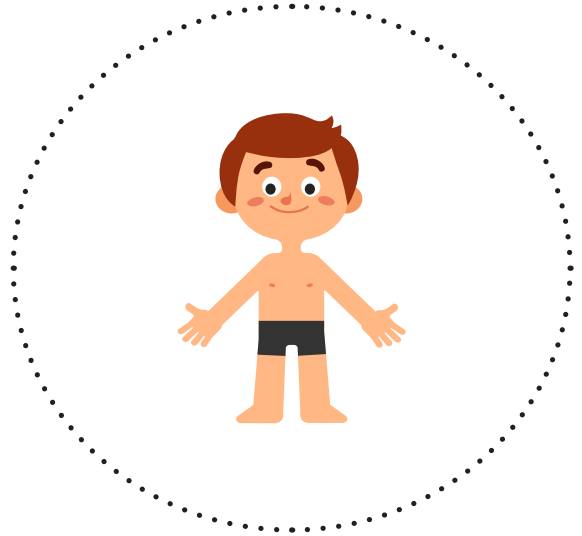
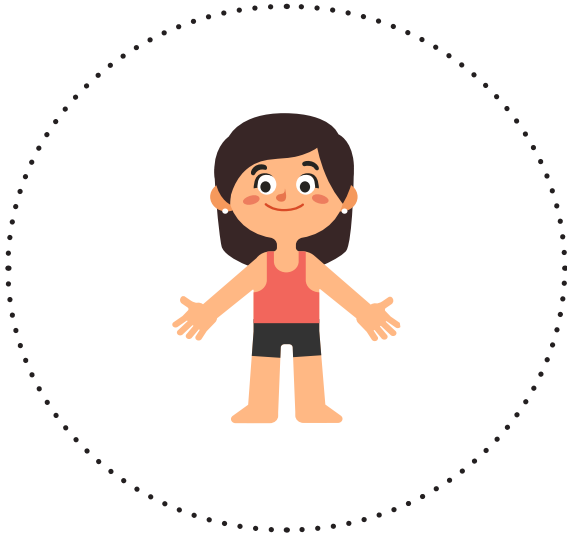
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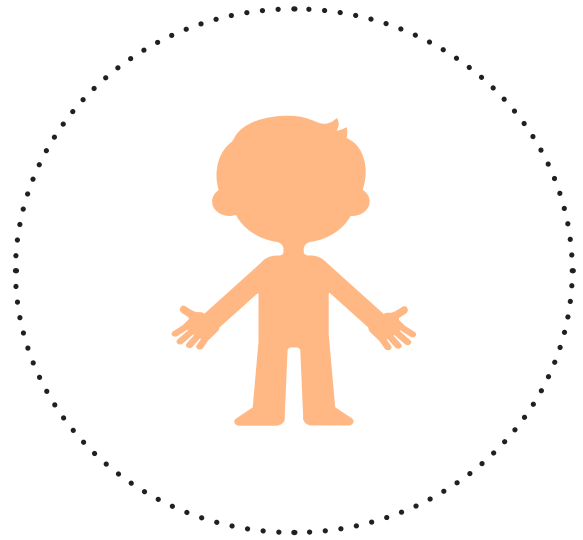
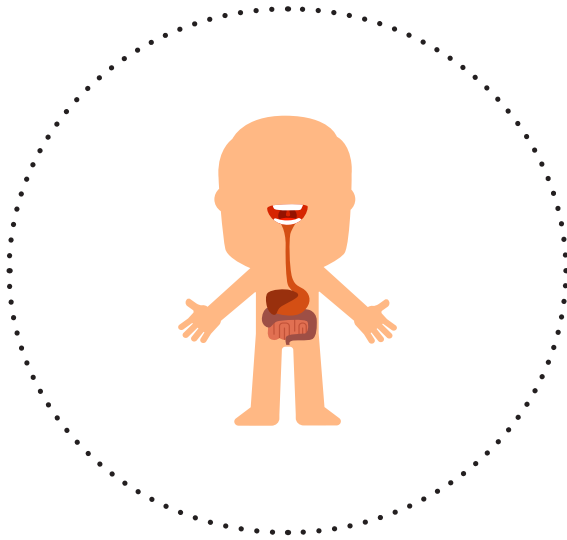
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# BODY SYSTEMS Matching GAME

Directions: Cut all the circles out on the following pages and make a game out of matching them to their counterparts with your child.





Girl

Boy

Muscular  
System

Skeletal  
System

Nervous  
System

Circulatory  
System

Digestive  
System

Human  
Body

a female  
child

a male  
child

all of the muscles  
in the body and how  
they work together

the framework  
of the body made  
of bones that protects  
and supports the body

this system includes all  
of the organs and  
tissues that are  
involved in circulating  
blood through the body

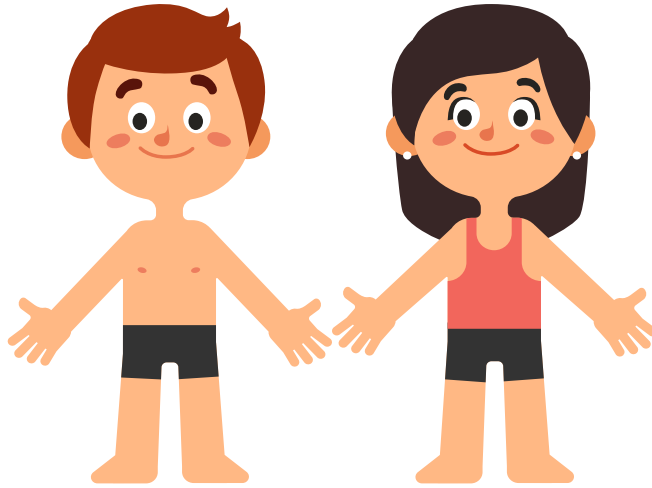
all of the  
nerves and  
nerve centers in  
the body

the system by which  
the food we eat is  
absorbed into,  
processed by, and  
released from the body

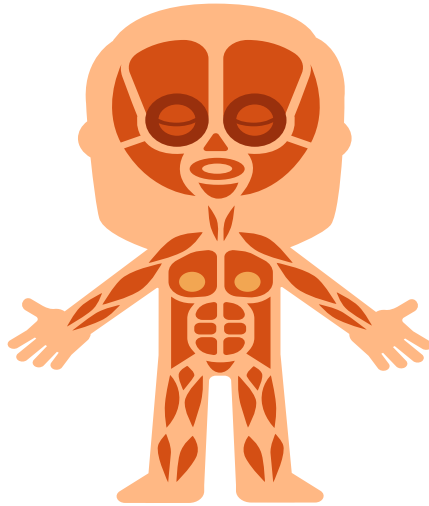
the physical  
structure of  
a human being

# MY Body BOOK

Directions: Cut out each rectangle around the dotted lines to make a page for your book. Staple on the left side to hold together. Trace the answers to each definition. Read together to review the body systems.



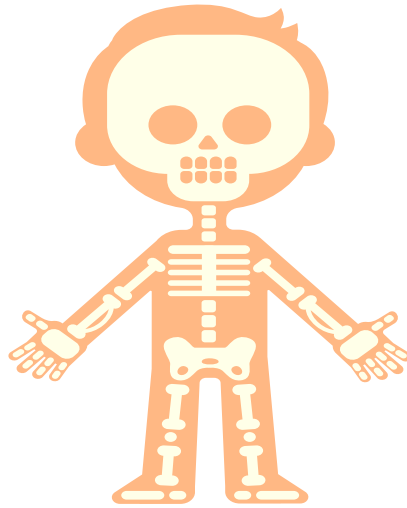
My Body Book



This system helps you to run, to jump,  
and to pick up your heaviest toys.

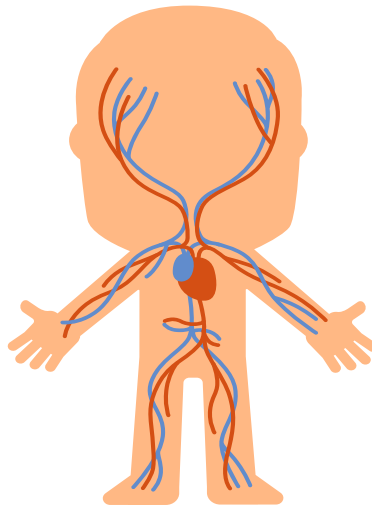
Muscular System





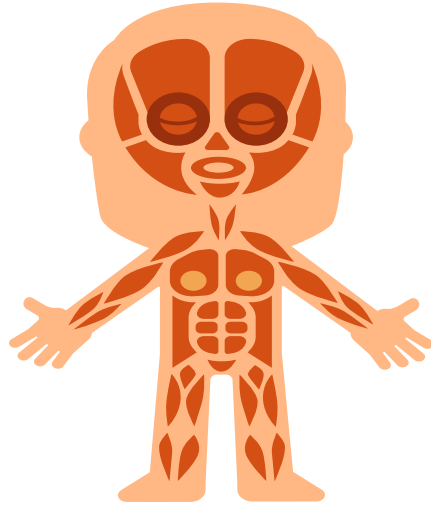
This system helps hold your body up and helps you to bend your knees and arms.

*Skeletal System*



This system takes your blood to where it needs to go in your body.

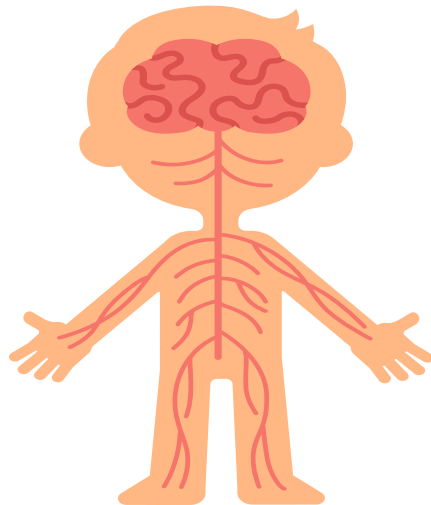
*Circulatory System*



This system helps you to run, to jump,  
and to pick up your heaviest toys.

Muscular

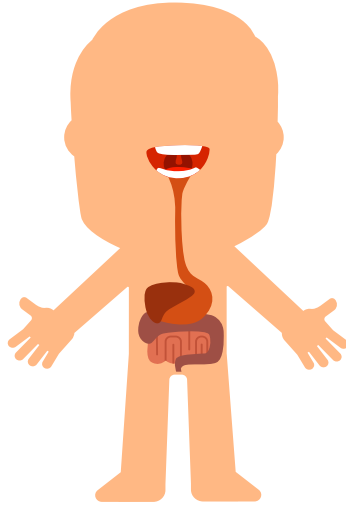
System



This system tells your body what to do even when you aren't  
thinking about it like when you take a breath of fresh air, sneeze  
when something itches your nose, or shiver when you are cold.

Nervous

System



This system collects your food, processes it, takes what vitamins and minerals that your body needs, and then gets rid of the waste.

Digestive

System

Draw a picture of your body and write your name below.

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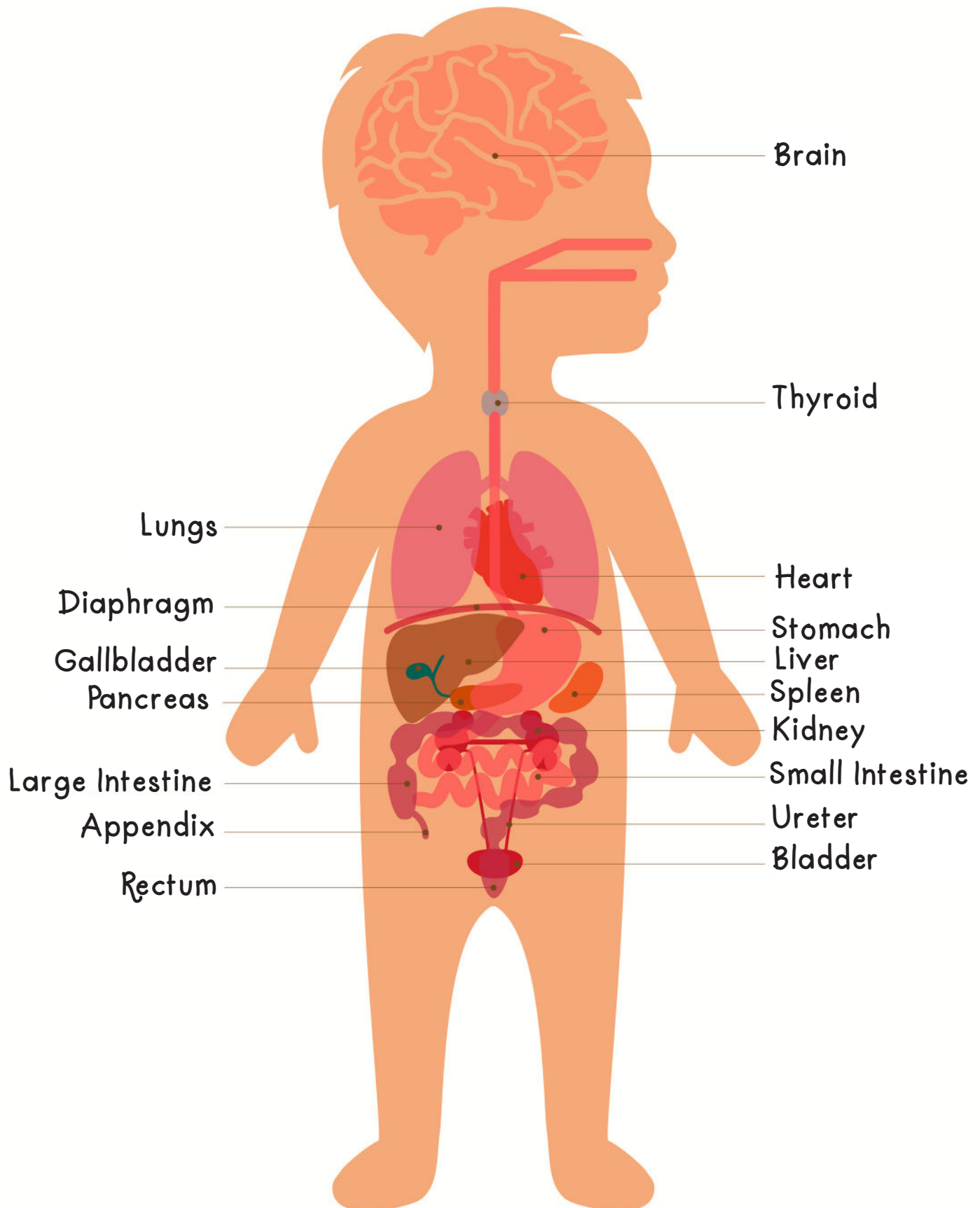
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# **HUMAN** **BODY**

## Internal Anatomy

# HUMAN Internal Anatomy POSTER

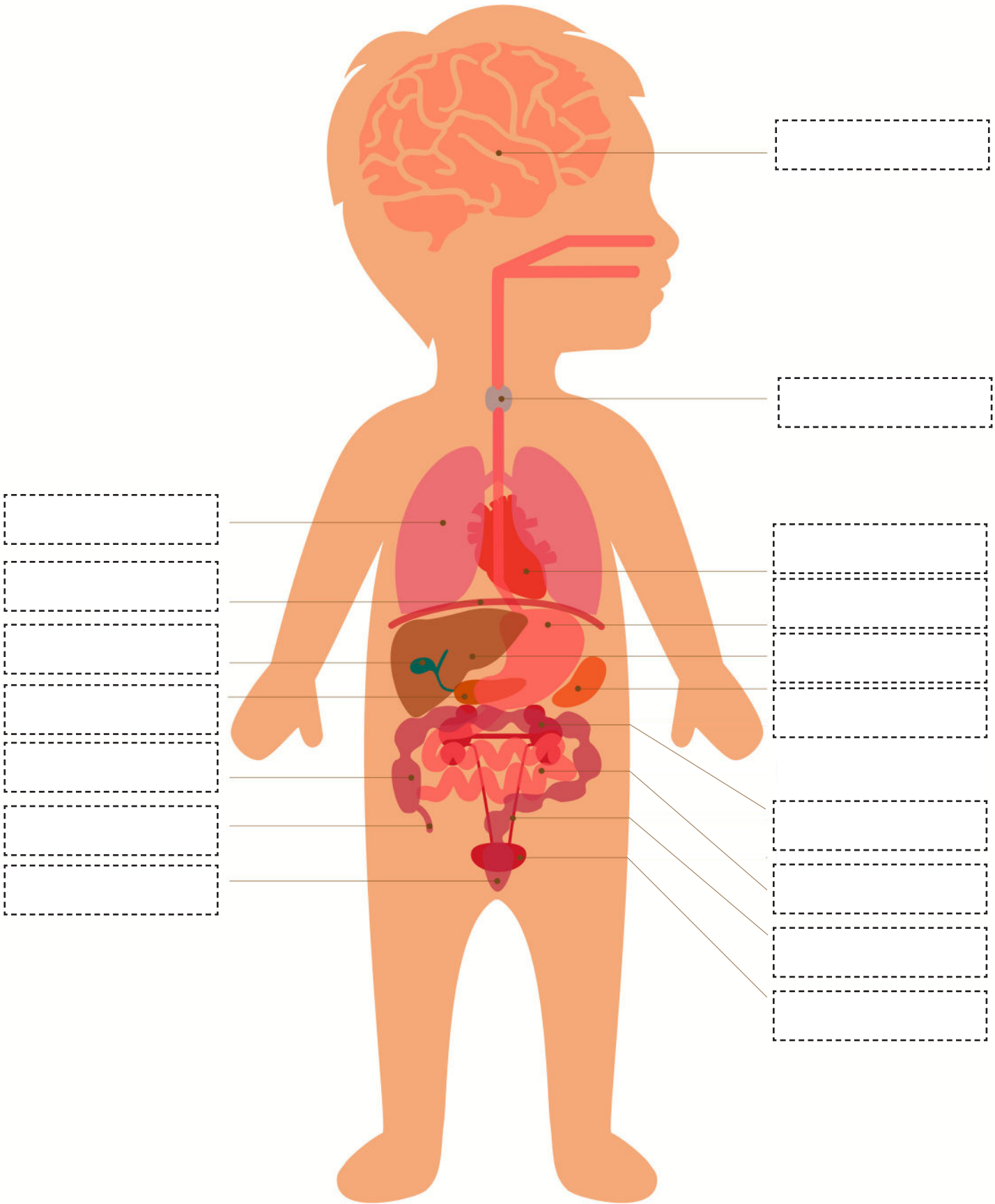


# ANATOMY Matching ACTIVITY

Directions: Cut the organ names out below around the dotted lines.  
Glue into the correct position around the body on the

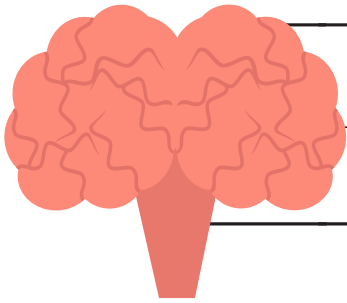
Lungs	Brain
Diaphragm	Kidney
Gallbladder	Thyroid
Pancreas	Heart
Large Intestine	Spleen
Appendix	Stomach
Rectum	Liver
Ureter	Small Intestine
	Bladder

# ANATOMY Matching ACTIVITY

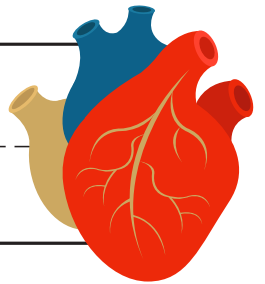


# CURSIVE Writing PRACTICE

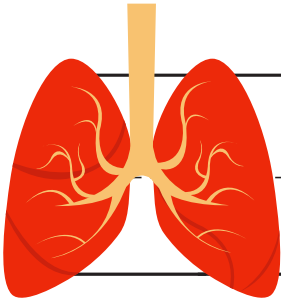
Directions: Trace the words below.



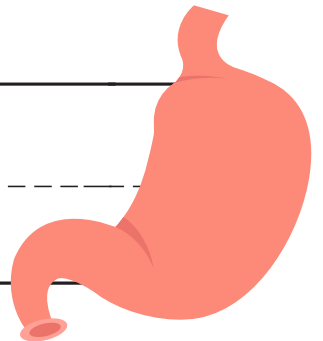
brain



heart



lungs

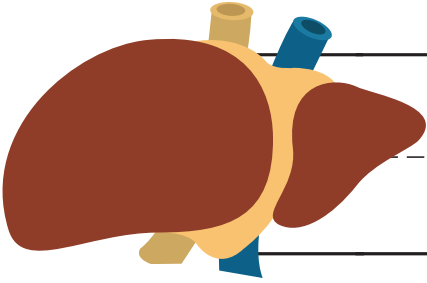


stomach



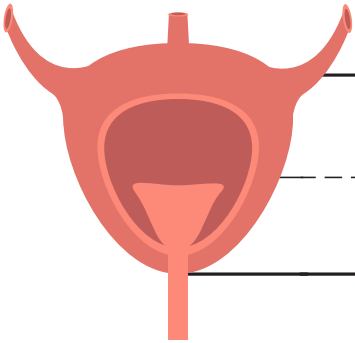
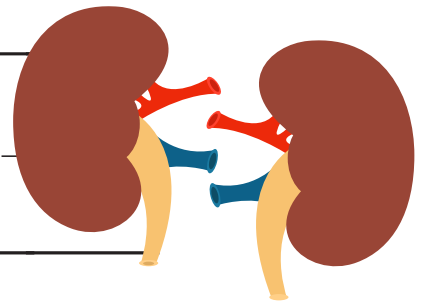
# CURSIVE Writing PRACTICE

Directions: Trace the words below.



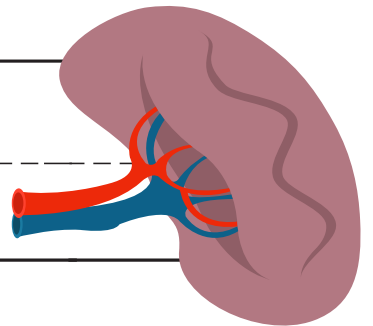
liver

kidneys



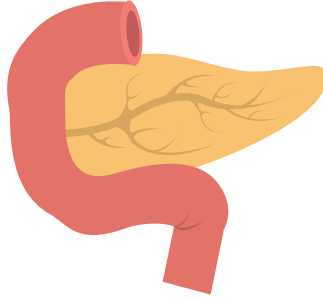
bladder

spleen



# CURSIVE Writing PRACTICE

Directions: Trace the words below.



pancreas



gallbladder

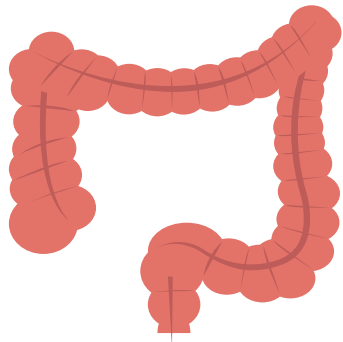
# CURSIVE Writing PRACTICE

Directions: Trace the words below.



small

intestine

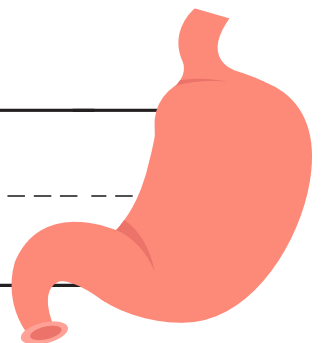
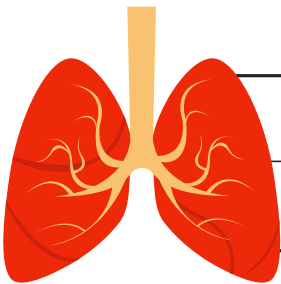
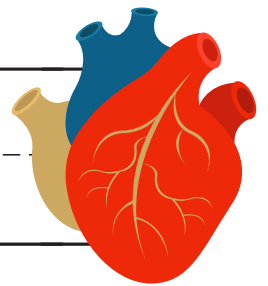
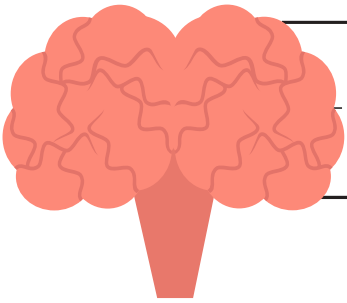


large

intestine

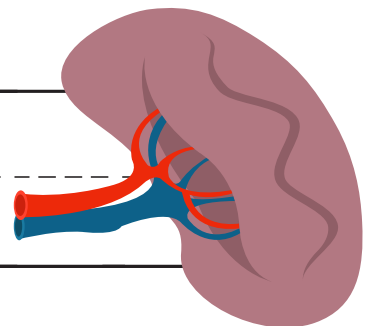
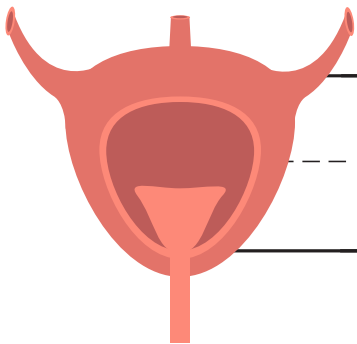
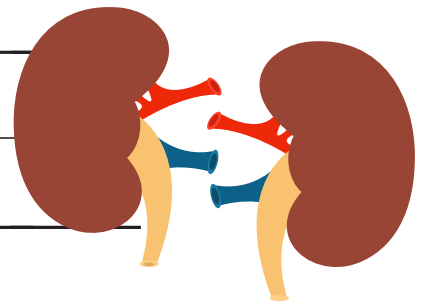
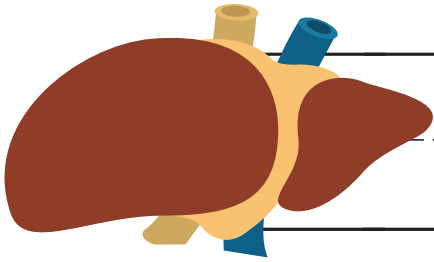
# Writing **PRACTICE**

Directions: Write the corresponding body system name below.



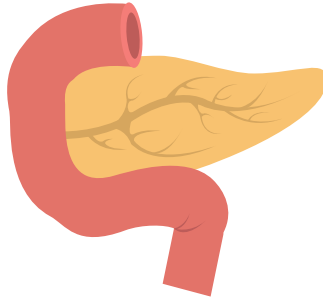
# Writing **PRACTICE**

Directions: Write the corresponding body system name below.



# Writing **PRACTICE**

Directions: Write the corresponding body system name below.



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# Writing **PRACTICE**

Directions: Write the corresponding body system name below.



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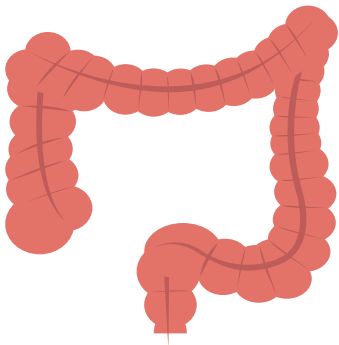
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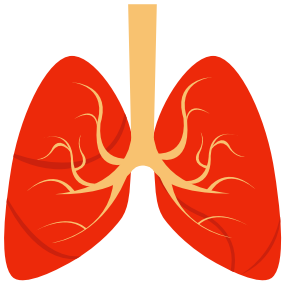
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# ANATOMY Matching ACTIVITY

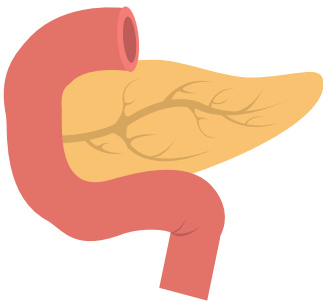
Directions: Draw a line from the image to the corresponding name.



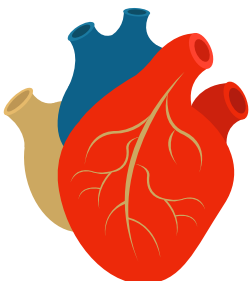
Lungs



Heart



Brain

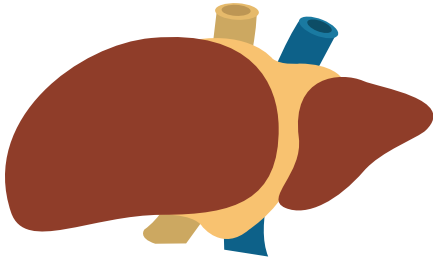


Pancreas

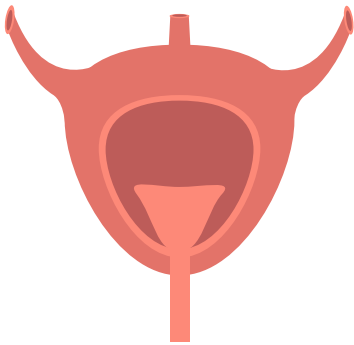


# ANATOMY Matching ACTIVITY

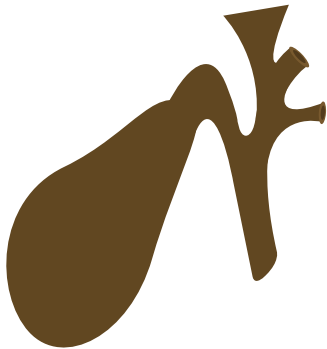
Directions: Draw a line from the image to the corresponding name.



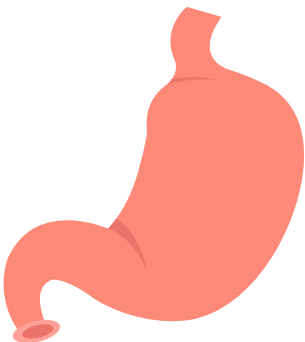
Bladder



Stomach



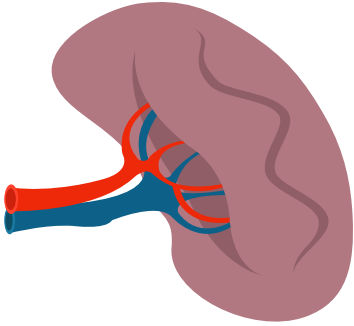
Gallbladder



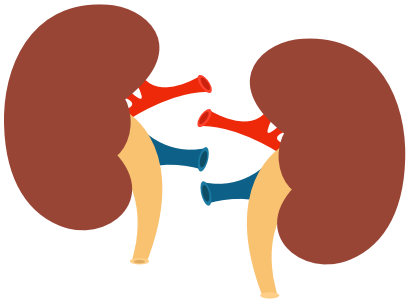
Liver

# ANATOMY Matching ACTIVITY

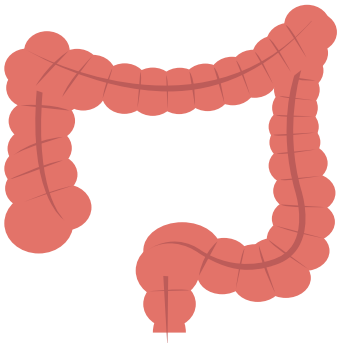
Directions: Draw a line from the image to the corresponding name.



Small Intestine



Spleen



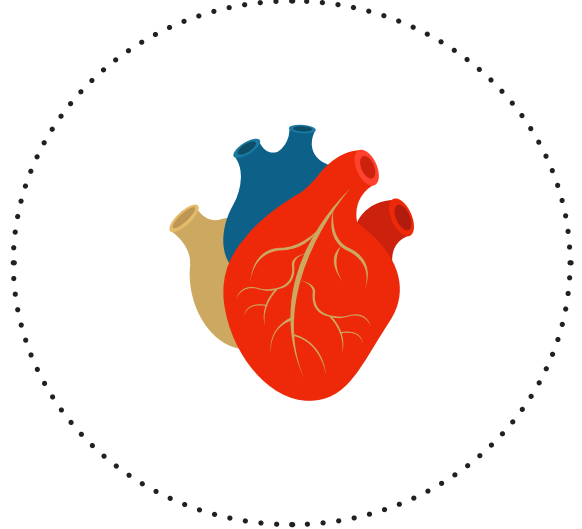
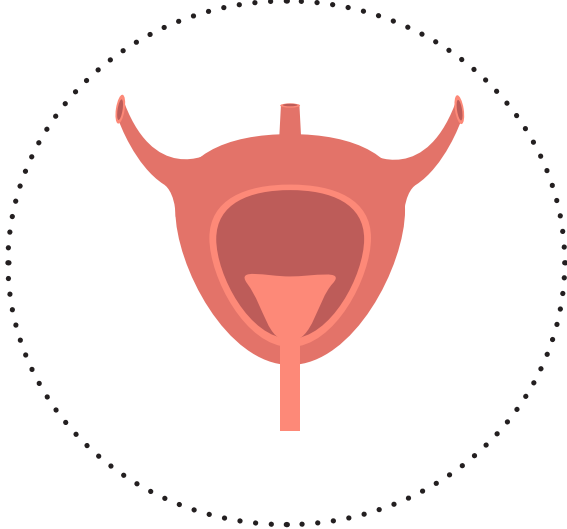
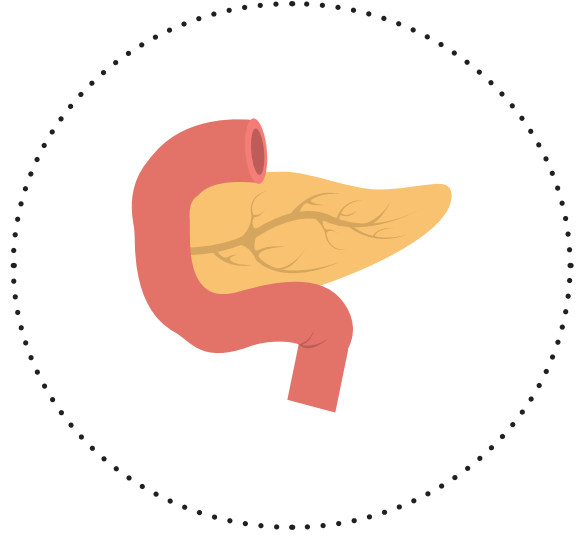
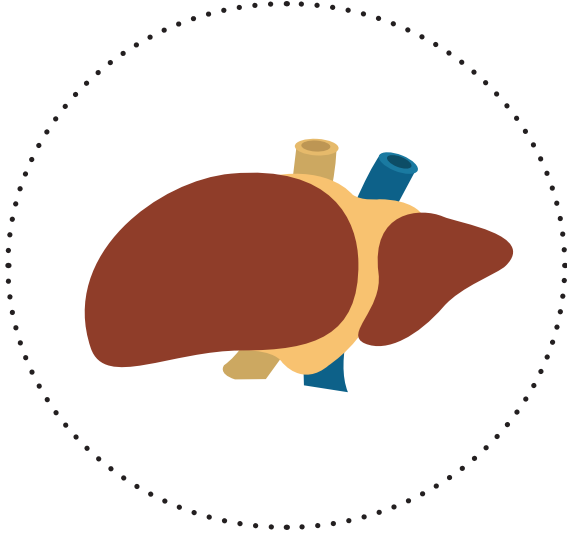
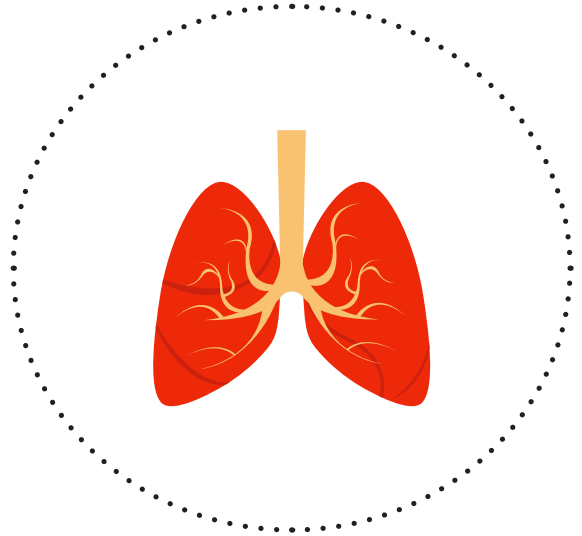
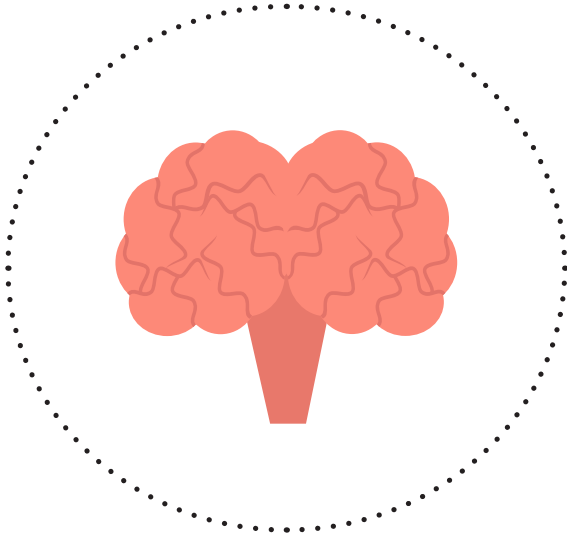
Kidneys

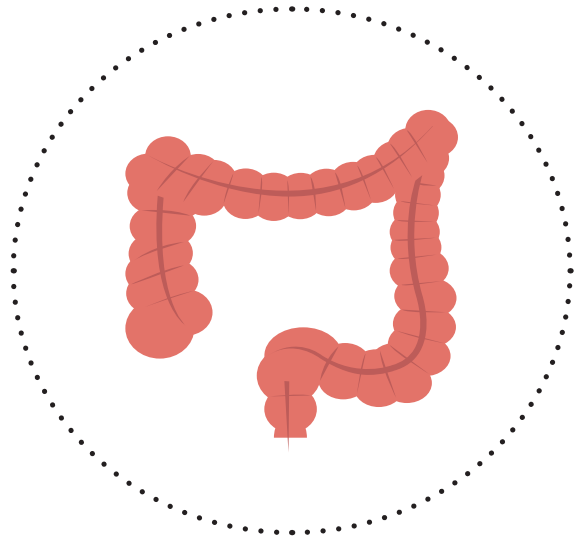
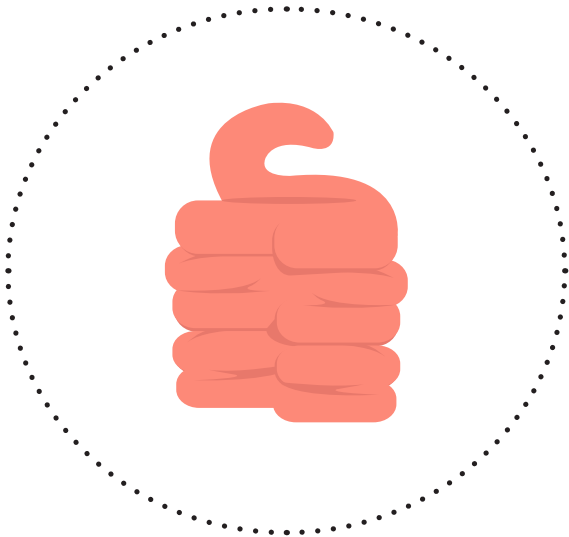
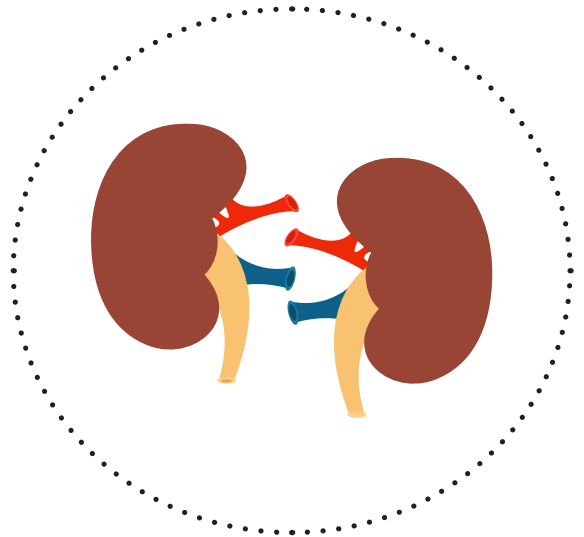
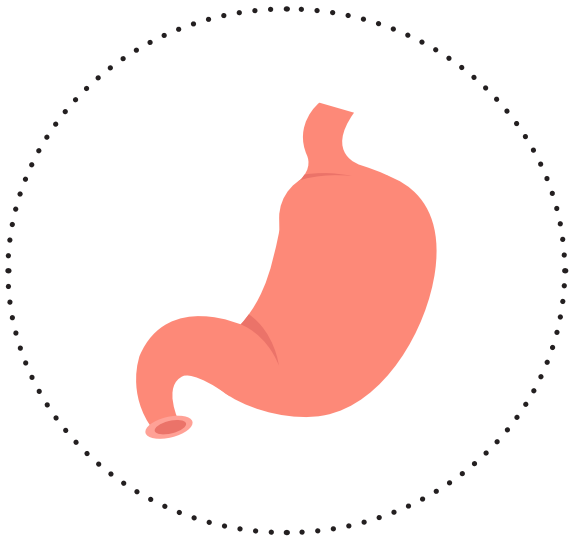
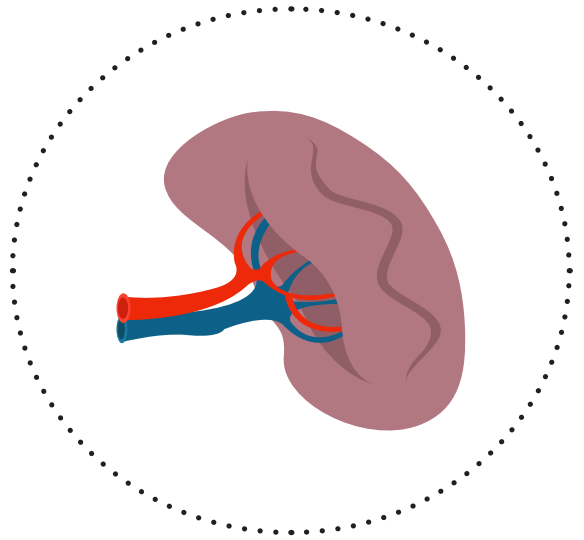


Large Intestine

# HUMAN ANATOMY Matching GAME

Directions: Cut all the circles out on the following pages and make a game out of matching them to their counterparts with your child.







Lungs



Heart



Brain



Pancreas



Gallbladder



Liver



Bladder



Stomach



Spleen



Kidneys



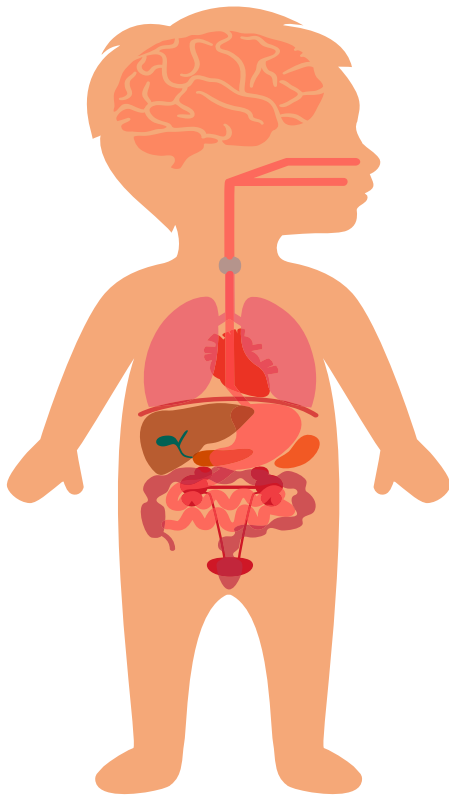
Small  
Intestine



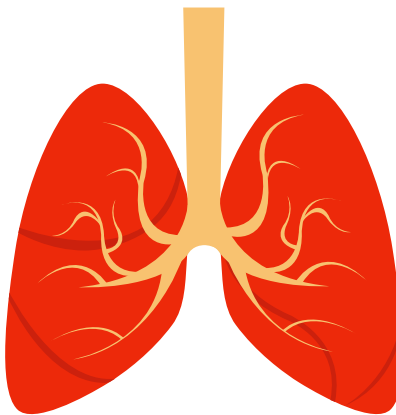
Large  
Intestine

# **MY** Anatomy **BOOK**

Directions: Cut out each rectangle around the dotted lines to make a page for your book. Staple on the left side to hold together. Trace the answers to each definition. Read together to review the anatomy of the body.



My  
Anatomy  
Book



All the air you breath in comes to us. What are we?

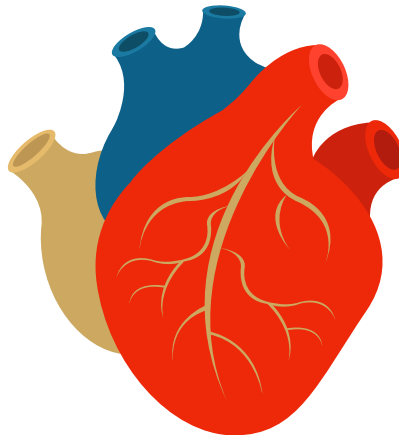
Lungs





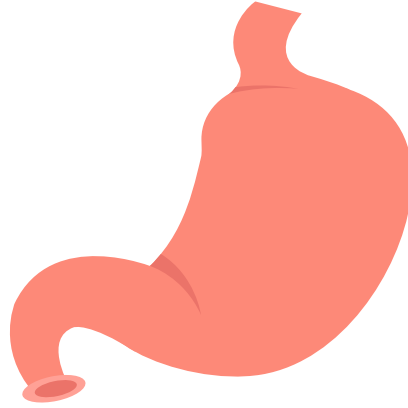
I do a lot of thinking. What am I?

Brain



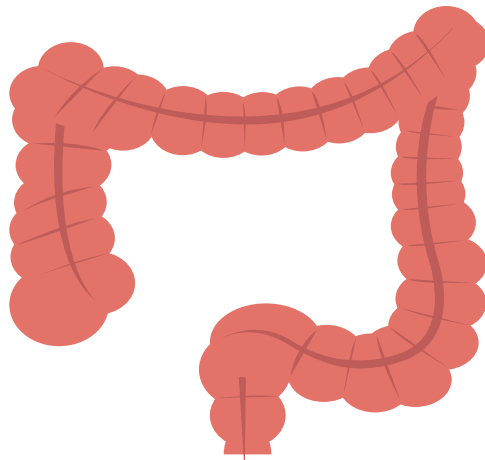
I am the strongest muscle in your body. I pump all of your blood.  
What am I?

Heart



When you eat food, it comes to me first for processing.  
What am I?

Stomach



When your food leaves your small intestines it comes to me.  
I absorb water and take all your digested food and other  
waste outside your body. What am I?

Large

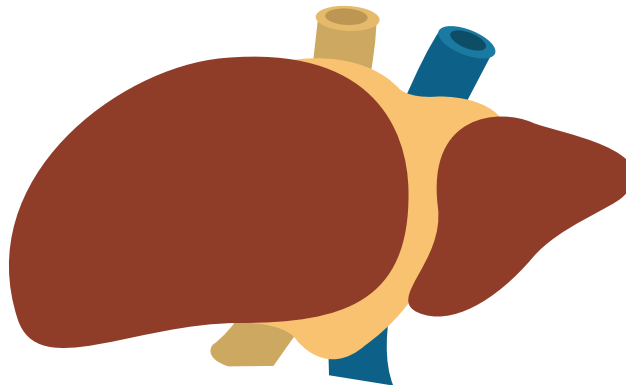
Intestine



I am the next stop during the digestion process for your food when it leaves your stomach. I absorb nutrients and minerals from your food to keep you healthy. What am I?

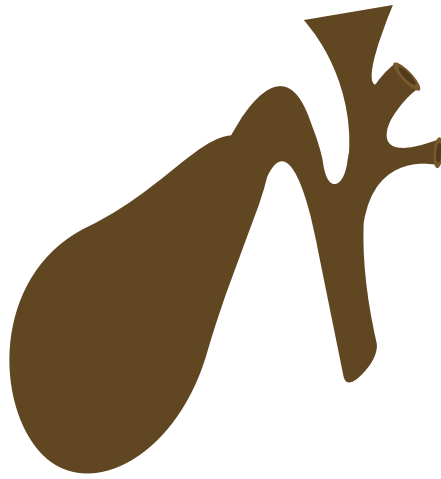
*Small*

*Intestine*



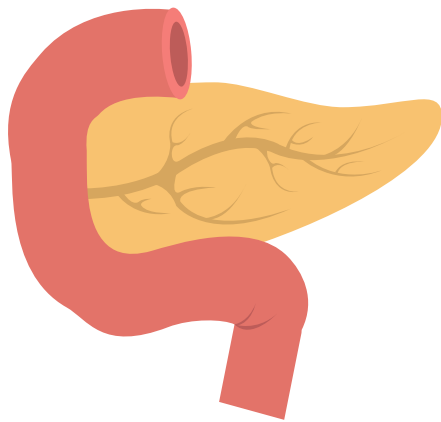
I keep your blood clean. What am I?

*Liver*



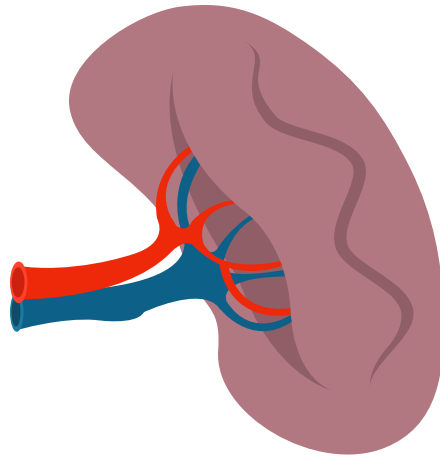
I sit under the liver and store bile produced by the liver.  
Bile aids in the digestion of your food. What am I?

Gallbladder



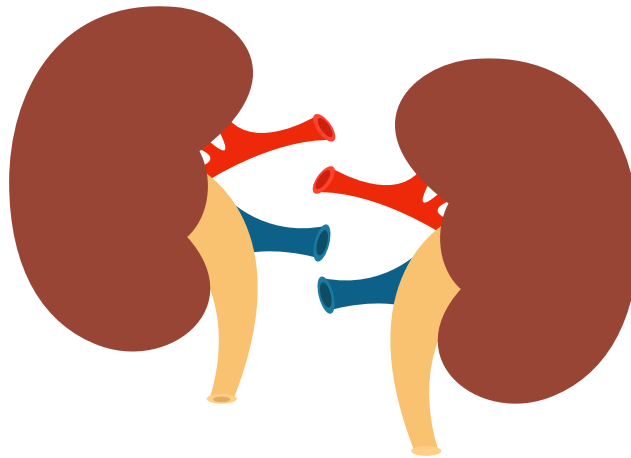
I help to digest your food and regulate your blood sugar.  
What am I?

Pancreas



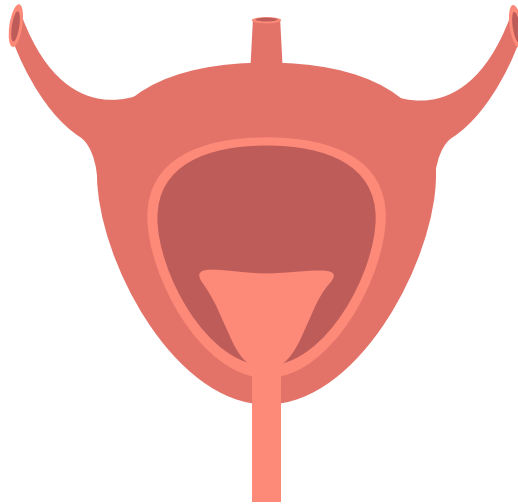
I do all sorts of things to support your immune system. I filter your blood and store platelets and white blood cells. I also help you fight infections. What am I?

Spleen



We are shaped like two beans each about the size of your fist. We filter your blood and make urine for you. What are we?

Kidneys



When urine leaves the kidneys it visits me. I store urine until you are ready to get to the potty, but don't wait too long! What am I?

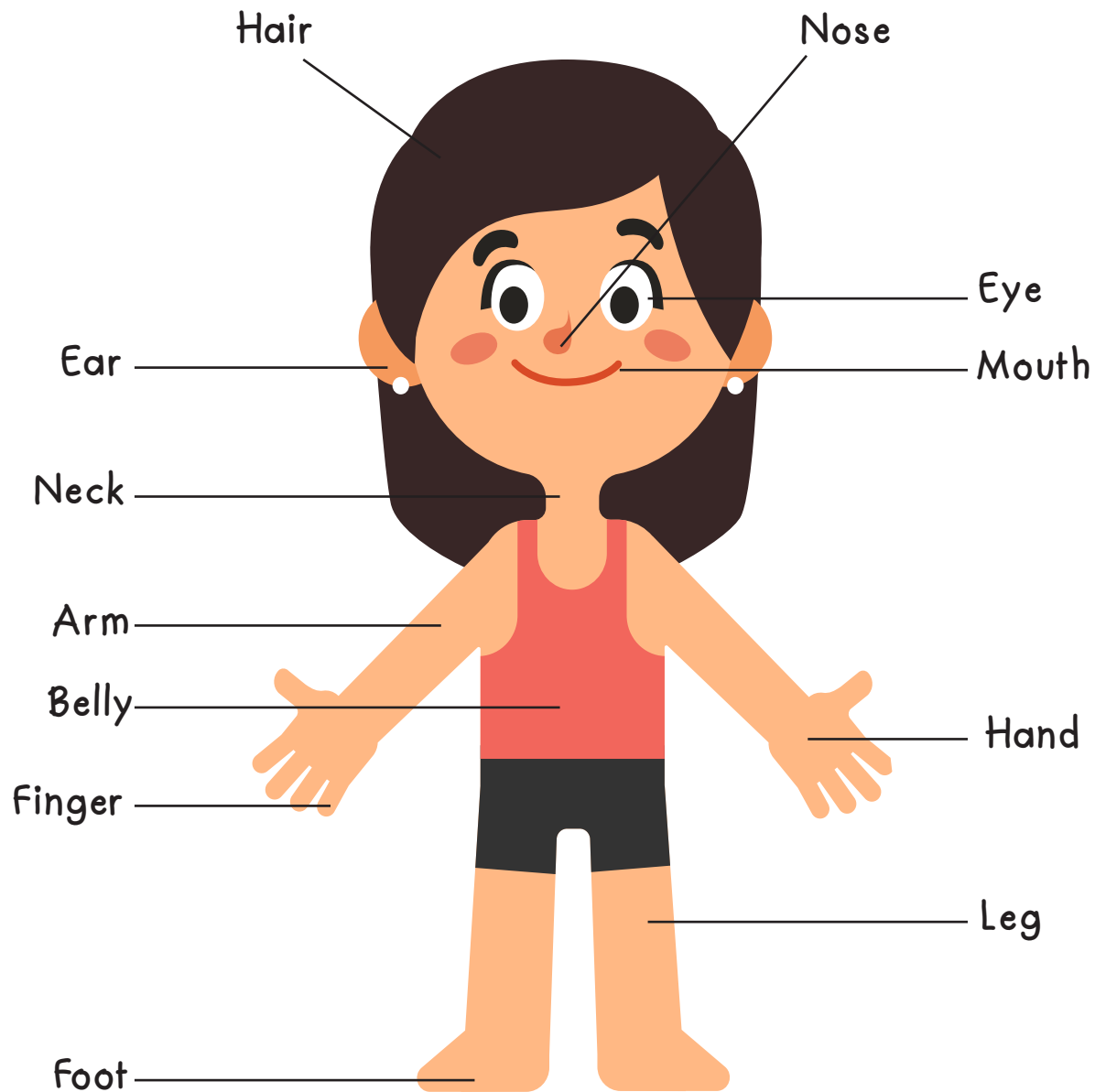
*Bladder*

Draw a picture of yourself eating your favorite food  
and write what your favorite food is below.

# HUMAN BODY

## External Anatomy

# HUMAN External Anatomy POSTER



When you look in the mirror, what do you like about yourself?

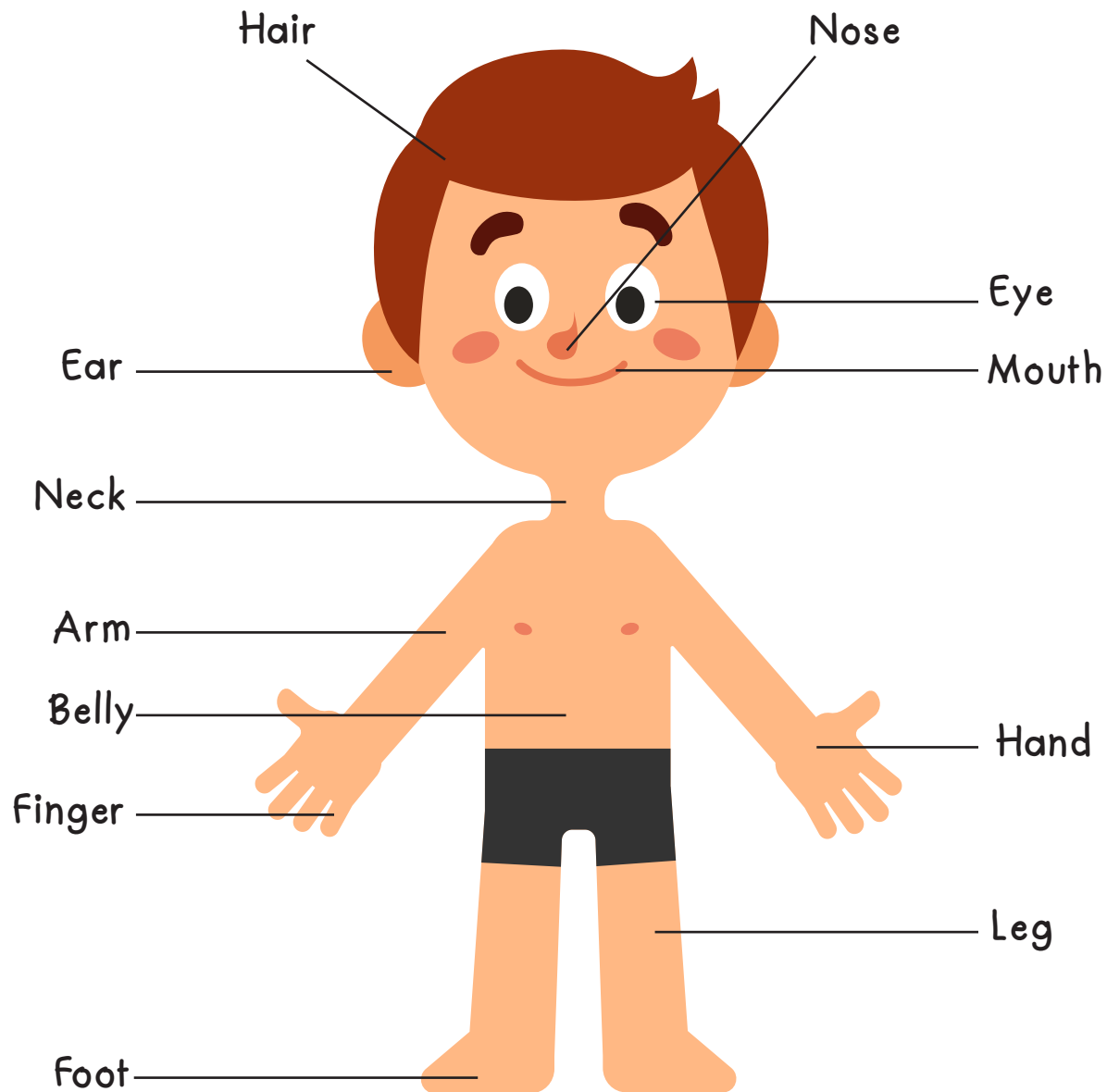
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# HUMAN External Anatomy POSTER



When you look in the mirror, what do you like about yourself?

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# COUNT Your FINGERS

Trace your hands in the space below and count your fingers.

# COUNT Your TOES

Trace your feet in the space below and count your toes.

# HUMAN BODY Scavenger HUNT

Can you find your belly?

How many eyes do you have? What shape are they?

When you open your mouth, what shape does it make?

Where is your ankle?

How many ears do you have?

Show me your tongue.

Can you count your teeth?

Where are your shoulders?

How many knees do you have?

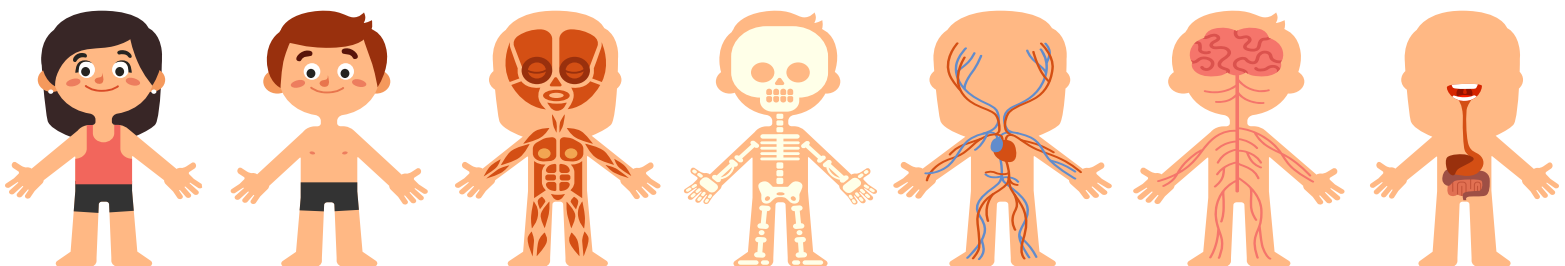
Where is your neck?

Can you point to your chin?

Show me the heel of your foot.

How many nostrils do you have? What shape are they?

How many fingers and toes do you have altogether?



# FIVE SENSES Scavenger HUNT

What body part do you see with?

What body part do you smell with?

What body part do you hear with?

What body part do you taste with?

What body part do you most often feel with?

Can you find something that tastes sweet?

Can you find something that tastes bitter?

Can you see something that is blue?

Can you see something that is bright?

Can you find something that feels soft?

Can you find something that feels wet?

Can you find something that smells sour?

Can you find something that smells sweet?

Can you find something that sounds loud?

Can you find something that sounds musical?

